

The Basic History and Evolution of Essential Oils

精油的基本历史和演变

The Greeks and Romans refined distillation techniques, while medieval Islamic scholars, particularly Avicenna, further developed the art of extraction through steam distillation.

希腊人和罗马人改进了蒸馏技术，而中世纪的伊斯兰学者，特别是阿维森纳，通过蒸汽蒸馏进一步发展了提取技术

Over the years, scientific validation of their therapeutic effects has contributed to their widespread use in modern health, skincare, and holistic treatments

多个世纪以来，科学早已验证精油在现代健康、皮肤护理和整体治疗的效果。

4500 B.C.

1500 B.C.

1500-1699

2025

In Egypt, China, and India: extracted aromatic oils from plants for religious rituals, medicine, and cosmetics.

在埃及、中国和印度等古代文明：早期文化从植物中提取芳香油用于宗教仪式、医药和化妆品。

During the Renaissance, essential oils became widely used in European medicine and perfumery.

在文艺复兴时期，精油在欧洲医学和香水中得到广泛应用。现代时代已经见证了其治疗功效的科学验证，导致其在当今的健康、护肤和整体治疗中得到广泛使用。

古代香精油的文明印记

01

埃及(洋甘菊油)
Egypt (Chamomile Oils)



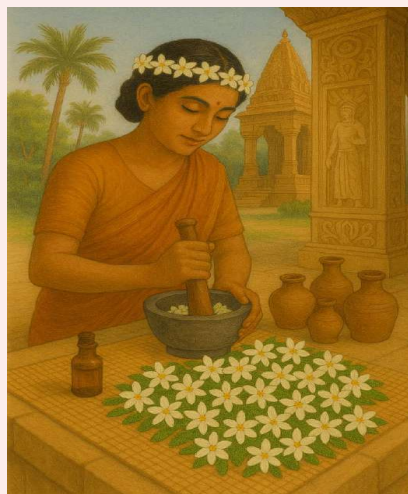
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塔斯玛尼(尤加利得油)
Tasmania (Eucalyptus Oils)



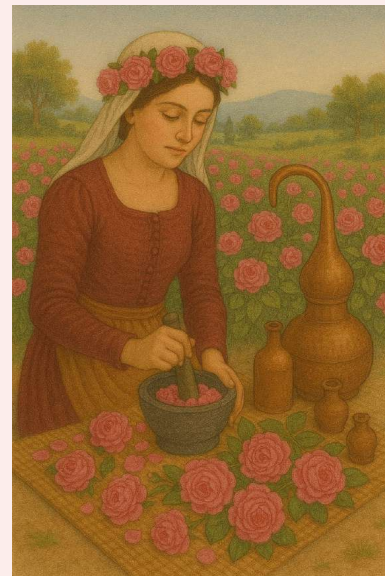
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法国(薰衣草油)
France (Lavender Oils)



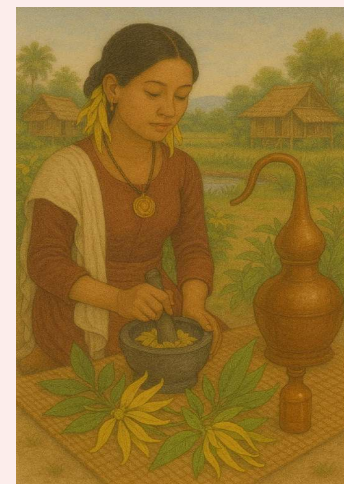
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保加利亚(玫瑰油)
Bulgaria (Rose Oils)



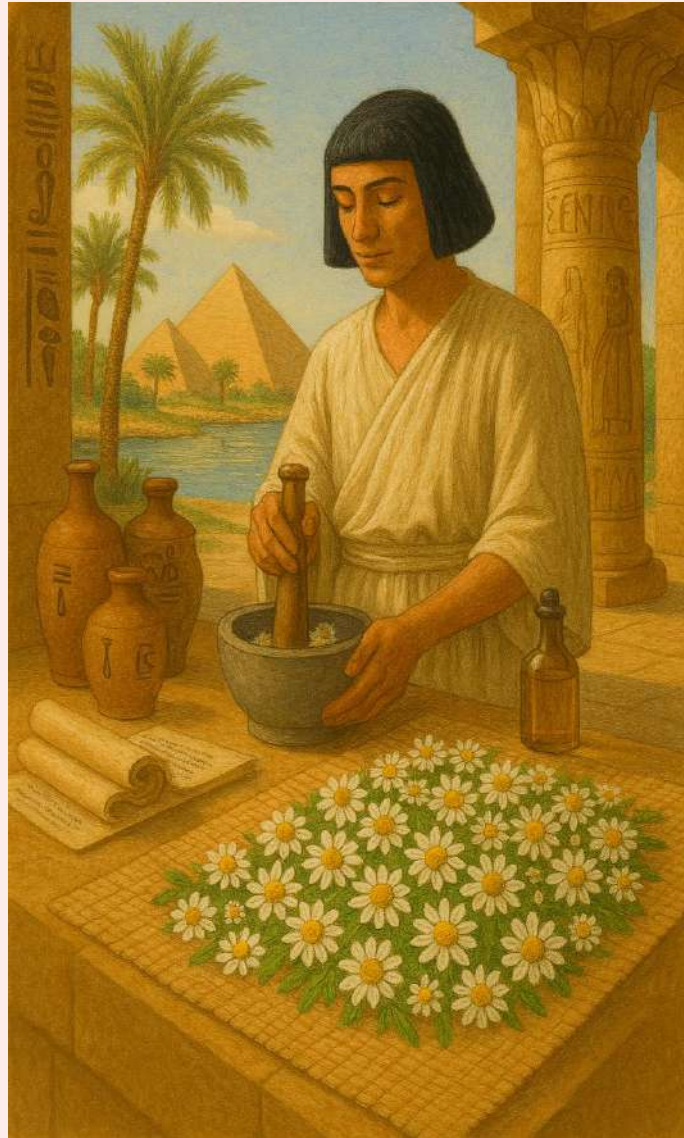
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印度尼西亚(依兰油)
Indonesia (Ylang Oils)



Chamomile Oils (EGYPT) 洋甘菊精油（埃及）

- In history, Chamomile is revered for its association with the sun god Ra and its powerful healing properties. Early distillation methods effectively captured its essence for medical and religious uses.
- Traditionally, Chamomile oil was celebrated for soothing digestive issues and reducing inflammation. Its calming aroma alleviated anxiety and insomnia, and it was often used in pillows and relaxing baths.



在古埃及，洋甘菊因其与太阳神拉（Ra）的联系及其强大的疗愈特性而备受推崇。早期的蒸馏技术有效地提取了其精华，用于医疗和宗教用途。

传统用途：洋甘菊精油因其缓解消化问题和消炎的功效而广受赞誉。其宁神的香气可减轻焦虑与失眠，常被用于枕头中或加入放松的沐浴中使用。

Eucalyptus Oil (Tasmania) 尤加利得精油（塔斯玛尼）

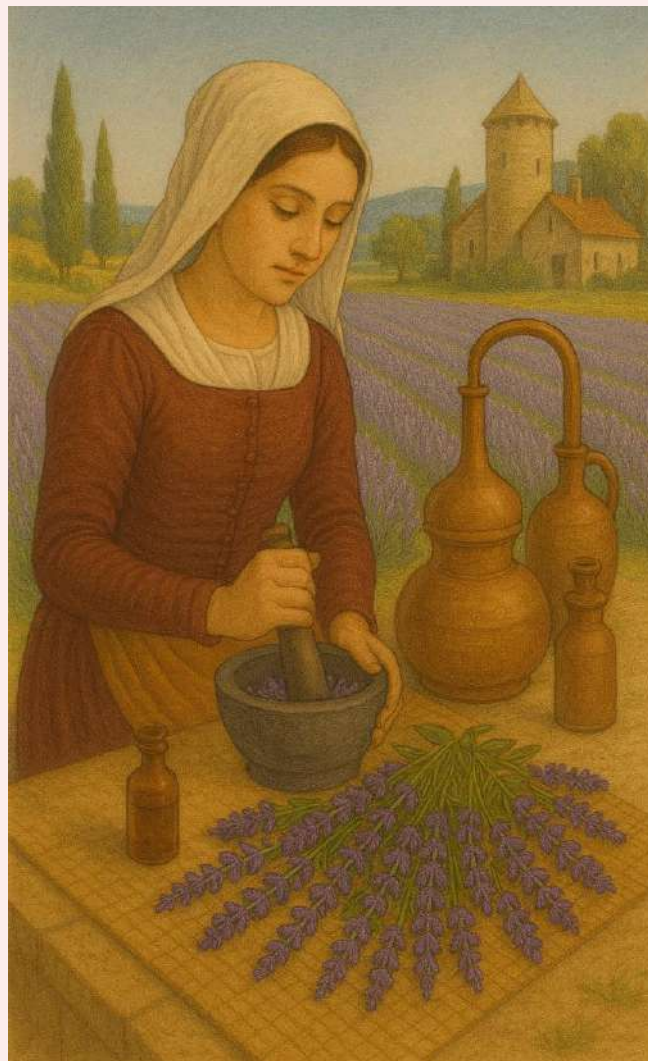
Eucalyptus, a species of eucalyptus, is known for its silvery-blue leaves and refreshing menthol aroma. It has powerful antibacterial and anti-inflammatory properties, making it a versatile essential oil.

Resilience shows remarkable resilience and is able to adapt to wildfires by resprouting or producing highly stress-resistant seeds.

Eucalyptus is cultivated worldwide for its rapid growth and economic benefits.

In aromatherapy, eucalyptus oil is highly regarded for its refreshing aroma and nasal decongestant properties.

Studies have confirmed its antibacterial and cavity-preventing properties. It is also a natural and environmentally friendly insect repellent, making eucalyptus oil an essential addition to any health regimen.



尤加利得，是桉树的一种，以其银蓝色的叶片和清爽的薄荷醇香气而闻名。它具有强大的抗菌和抗炎功效，是一种用途广泛的精油。

繁衍生息通过重新发芽或结出高抗逆性的种子，展现出非凡的韧性，能够适应野火。在全球范围内，人们种植桉树是为了获取快速生长和经济效益。

在芳香疗法中，桉树油因其清新的香气和通鼻功效而备受推崇。

研究证实了它具有抗菌和预防蛀牙的功效。此外，它还是一种天然环保的驱虫剂，使桉树油成为任何健康养生计划中必不可少的补充。

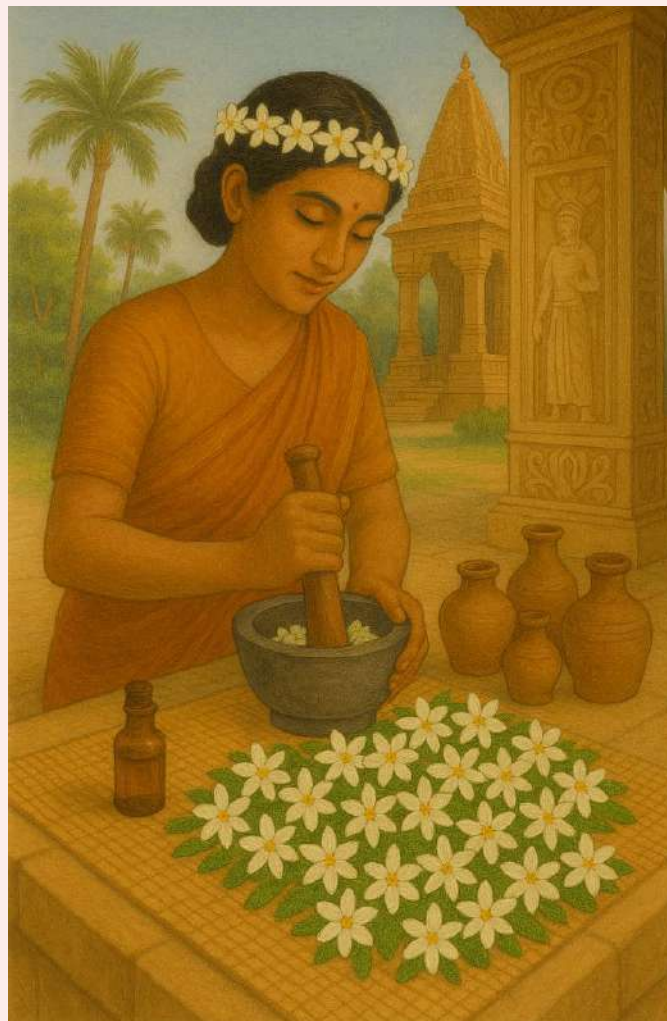
Lavender Oil (FRANCE) 薰衣草精油（法国）

Lavender cultivation in France began in the 16th century, quickly becoming a vital part of the nation's agricultural landscape. The ideal climate and fertile soil of Provence perfectly support the growth of high-quality lavender.

France has perfected distillation techniques for extracting lavender oil, earning a global reputation for its pure, captivating aroma that enriches perfumery and aromatherapy alike.

Highly regarded for its calming properties, lavender oil is often used in homes to create serene environments, with many relying on sachets and diffusers to alleviate stress and anxiety.

Renowned for its ability to treat insomnia, lavender oil also enhances fragrances with its fresh, floral, and herbal notes. Its anti-inflammatory and antiseptic properties make it beneficial for minor skin irritations. Experience the remarkable benefits of lavender for wellness and tranquility.



法国薰衣草种植始于16世纪，并迅速成为该国农业的重要组成部分。

普罗旺斯理想的气候和肥沃的土壤为高品质薰衣草的生长提供了完美的支持。法国已完善了提取薰衣草精油的蒸馏技术，其纯净迷人的香气享誉全球，为香水和芳香疗法增添了丰富的色彩。薰衣草精油因其镇静功效而备受推崇，常用于家庭营造宁静的环境，许多人依靠香囊和扩香器来缓解压力和焦虑。

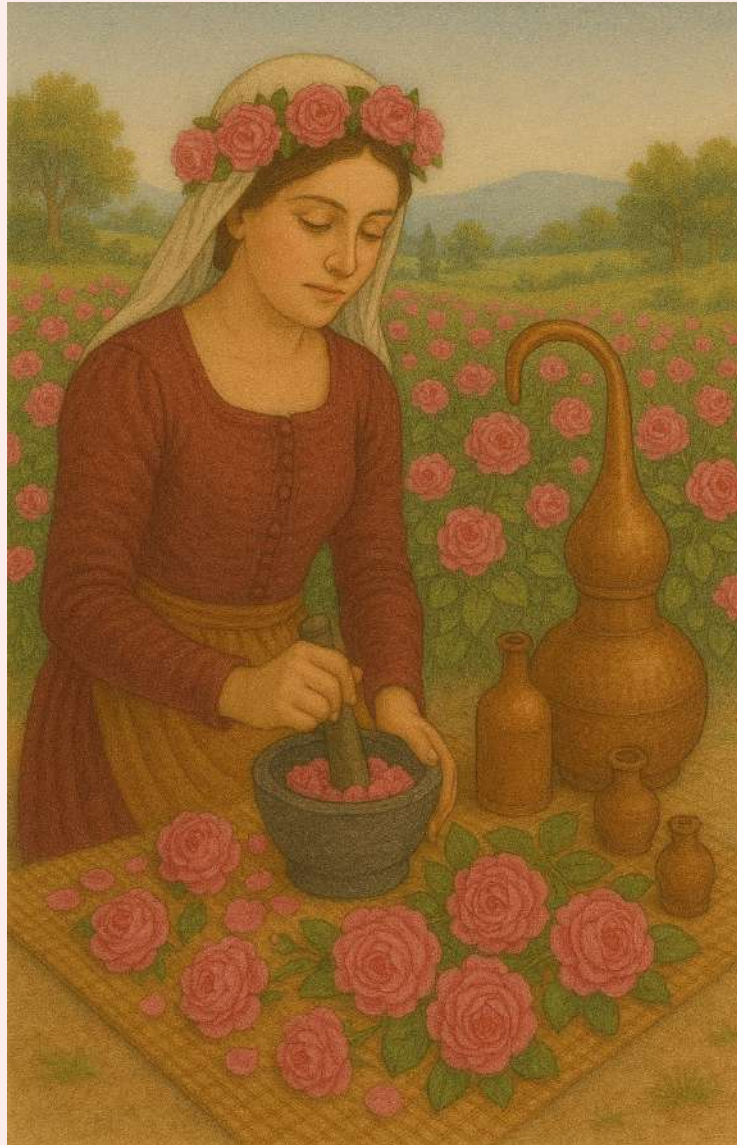
薰衣草精油以其治疗失眠的功效而闻名，其清新的花香和草本香调也为香水增添了光彩。它的抗炎和抗菌特性使其对轻微的皮肤刺激有益。体验薰衣草对健康和宁静的卓越功效

Rose Oil (BULGARIA) 玫瑰精油（保加利亚）

Rose cultivation in Bulgaria began in the 17th century, and by the 19th century, the country had become a leading producer of rose oil, particularly the renowned Rose Otto variety.

Bulgaria's advanced cultivation techniques have created a specialized industry for distilling rose oil, prized for its rich aroma and used in high-end perfumery for its floral and sensual notes.

In skincare, rose oil is valued for its moisturizing and rejuvenating properties, helping to soothe dry skin, reduce fine lines, and promote a radiant complexion. It also offers gentle relief from digestive discomfort, making it a versatile ingredient in beauty and wellness. Bulgarian rose oil represents a legacy of artistry and excellence in the industry.



保加利亚的玫瑰种植始于17世纪，到19世纪，该国已成为玫瑰油（尤其是著名的奥托玫瑰）的主要产地。

保加利亚先进的种植技术催生了玫瑰油蒸馏的专业产业。玫瑰油因其浓郁的香气而备受推崇，并因其花香和性感的香调而被用于高端香水。

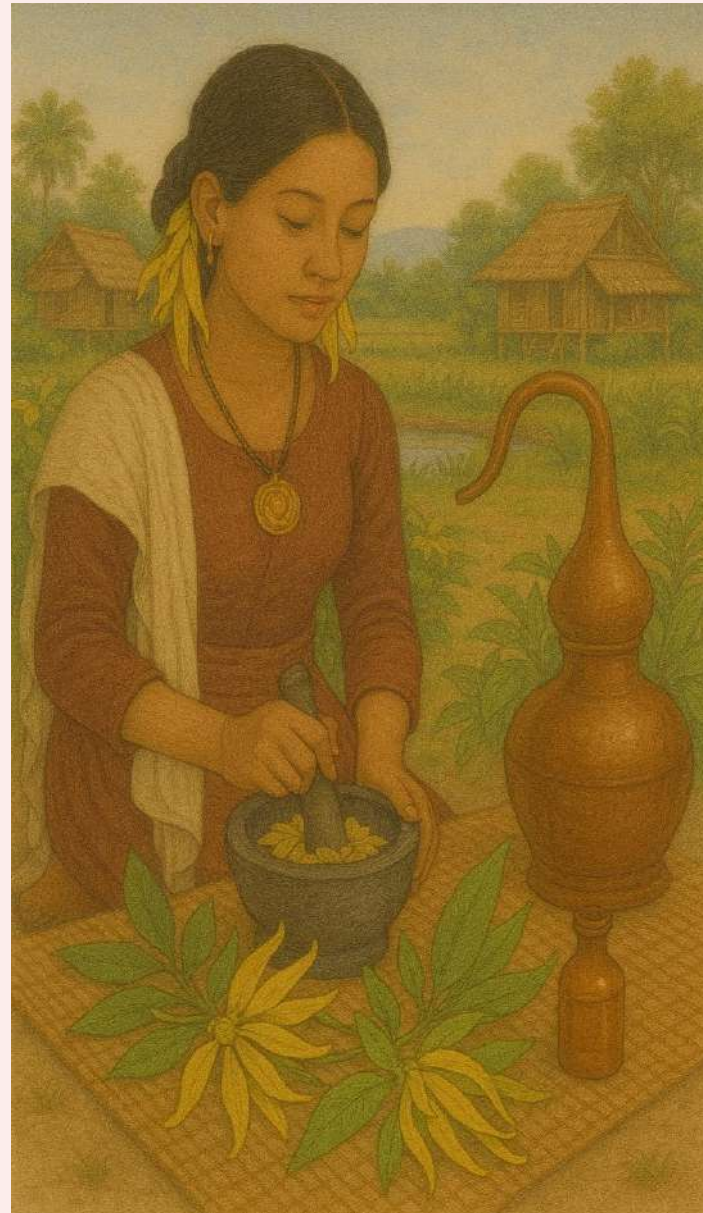
在护肤领域，玫瑰油因其保湿和焕活功效而备受推崇，有助于舒缓干燥肌肤，减少细纹，并提升肤色光泽。它还能温和缓解消化不适，使其成为美容和保健领域的多功能成分。保加利亚玫瑰油代表着该行业精湛的艺术和卓越的传承。

Ylang-ylang (INDONESIA) 依兰依兰精油（印度尼西亚）

Cultivated since the 19th century, ylang-ylang trees thrive in Indonesia's tropical climate. With abundant plantations and efficient extraction techniques, Indonesia has become a leading producer of ylang-ylang oil, renowned for its distinctive, rich aroma that captivates the senses.

This cherished oil adds a sweet, floral, and slightly spicy note to perfumes, blending beautifully with other essential oils to create complex fragrances.

In skincare, ylang-ylang oil is praised for its balancing properties, effectively regulating sebum production for both oily and dry skin types, promoting a healthy complexion. Its soothing aroma serves as an excellent remedy for stress and anxiety, promoting relaxation and tranquility, particularly when used in massage oils.



依兰依兰自19世纪起便开始种植，在印度尼西亚的热带气候中茁壮成长。凭借丰富的种植园和高效的提取技术，印度尼西亚已成为依兰精油的主要产地，其独特浓郁的香气令人沉醉，令人回味无穷。

这种珍贵的精油能为香水增添甜美、花香和略带辛辣的气息，与其他精油完美融合，营造出层次丰富的香氛。

在护肤领域，依兰精油因其平衡功效而备受赞誉，能够有效调节油性和干性肤质的皮脂分泌，促进健康的肤色。其舒缓的香气是缓解压力和焦虑的良方，尤其适用于按摩油，有助于放松身心，安宁身心。

采摘玫瑰精油例子 Rose Harvesting Example



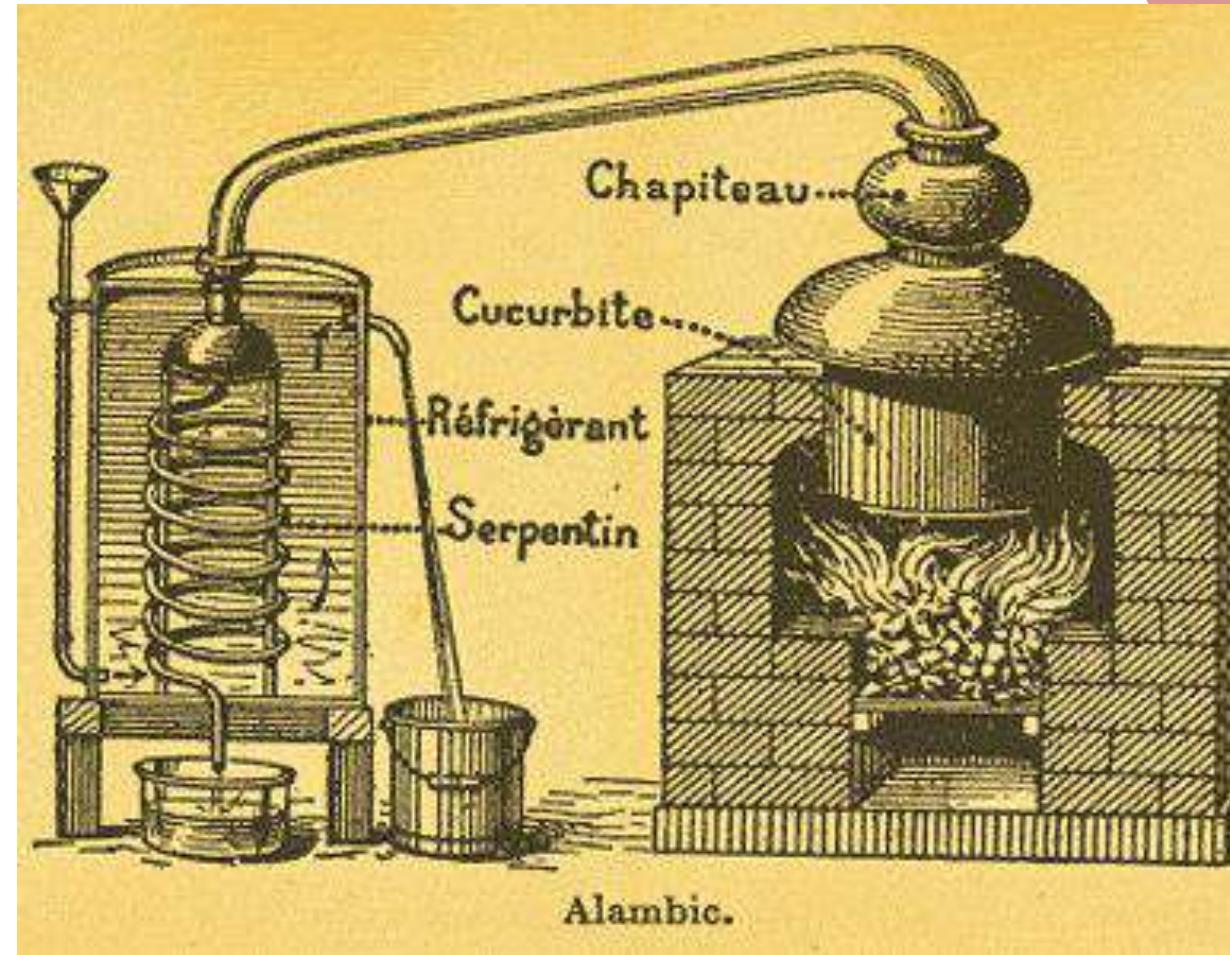
Overview of essential oils extract

主要精油概览

There are several methods employed to extract them, the most common would-be water and steam distillation.

Essential oils can be costly to buy but they are relatively inexpensive to distill at home. Some botanicals store their essential oil within their leaves or flowers while others may store the oil within their rinds, seeds or other plant parts.

有多种方法可用于提取精油，其中最常见的是水蒸馏法和蒸汽蒸馏法。在这里，我们将重点介绍水蒸馏法。精油在市面上的售价可能较高，但在家自行蒸馏的成本相对较低。某些植物将精油储存在叶片或花朵中，而其他植物则可能储存在果皮、种子或其他植物部位中



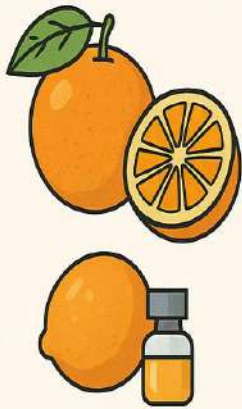
Extraction Method Overview精油提取法

STEAM DISTILLATION



Most common; uses steam to extract oils from leaves, flowers, barks

COLD PRESSING



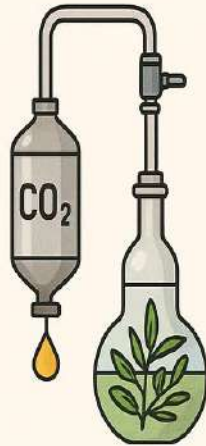
Used for citrus peels; preserves aroma without heat

SOLVENT EXTRACTION



Used for delicate flowers like rose/jasmine; yields absolutes

CO₂ EXTRACTION



High-purity, low-temperature, expensive method

蒸汽蒸馏 (Steam Distillation) :

最常见的提取方法，利用蒸汽将精油从植物的叶子、花朵、树皮中提取出来。

冷压法 (Cold Pressing) :

多用于柑橘类果皮的精油提取，避免高温破坏香气，有效保留天然香味。

溶剂萃取法 (Solvent Extraction) :

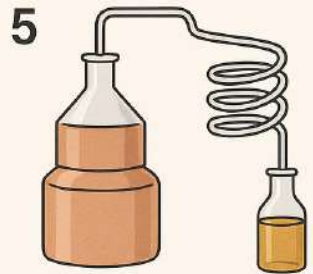
用于娇嫩花材（如玫瑰、茉莉），可提取出称为“绝对油 (Absolute)”的高香气浓度精油。

二氧化碳萃取法 (CO₂ Extraction) (进阶了解) :

在低温下使用高压CO₂气体提取精油，纯度高、香气完整，但成本较高

The Essential Oils Extract Procedure

萃取精油的制作过程



- **Harvest the raw plant material**
采收原始植物材料
- **Add your plant material to the still**
将植物材料放入蒸馏器中
- **Add water to the still**
向蒸馏器中加入水
- **Heat the still**
加热蒸馏器
- **Collect oil and hydrosol**
收集精油与纯露
- **Separate the oil from the hydrosol**
将精油与纯露分离
- **Pour the oil into a container for storage**
将精油倒入储存容器中保存
- **Clean the still**
清洗蒸馏设备

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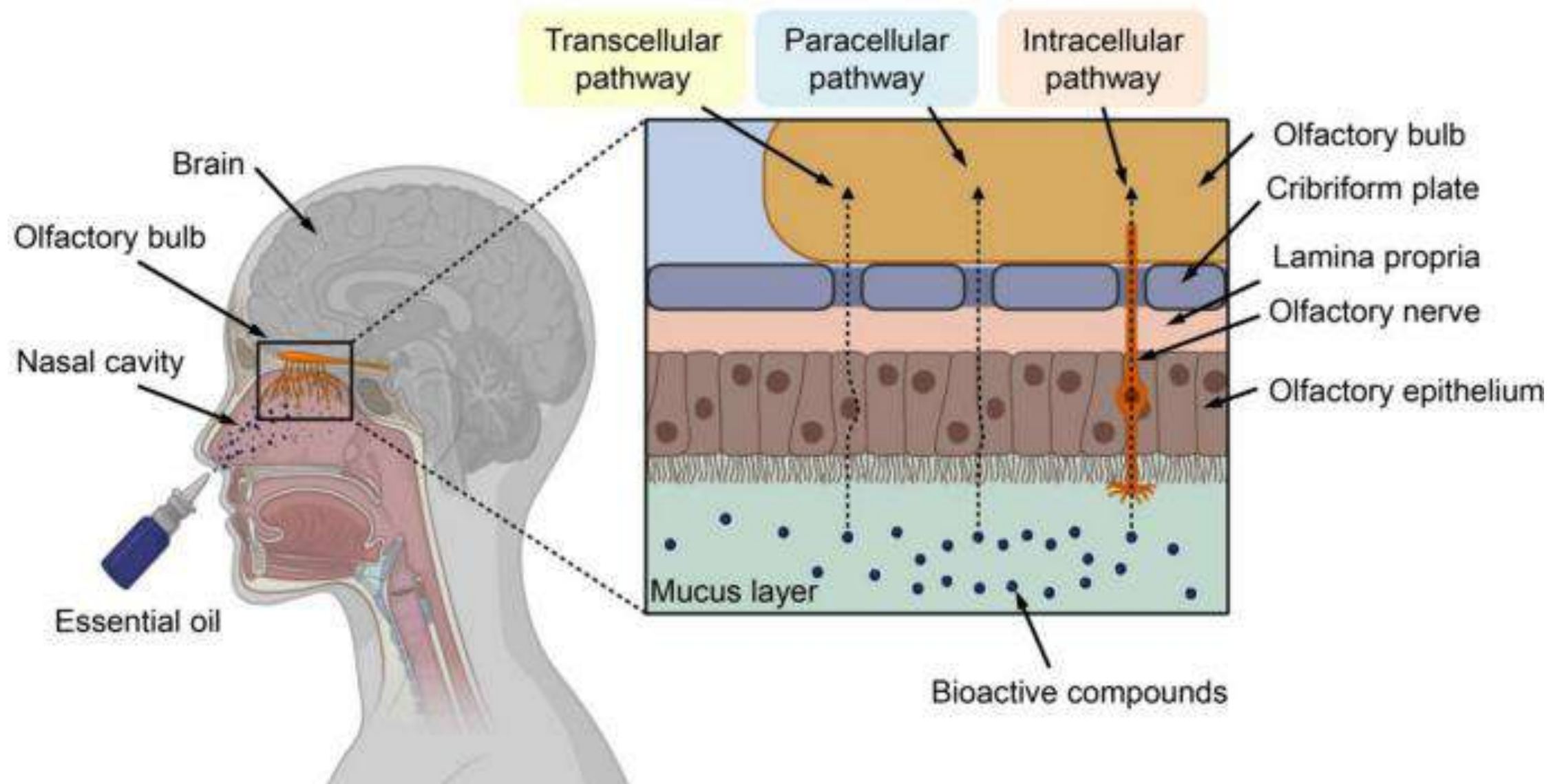
Impact of Essential Oil Components on the Nervous System

成分与神经的作用

Essential oils are extracted from a variety of plant materials, including flowers, leaves, and roots. Using a traditional alembic distillation apparatus, steam permeates the plant, capturing its potent volatile compounds. This method preserves the essence of nature, delivering powerful therapeutic benefits in every drop. Experience the transformative power of essential oils for enhanced well-being.

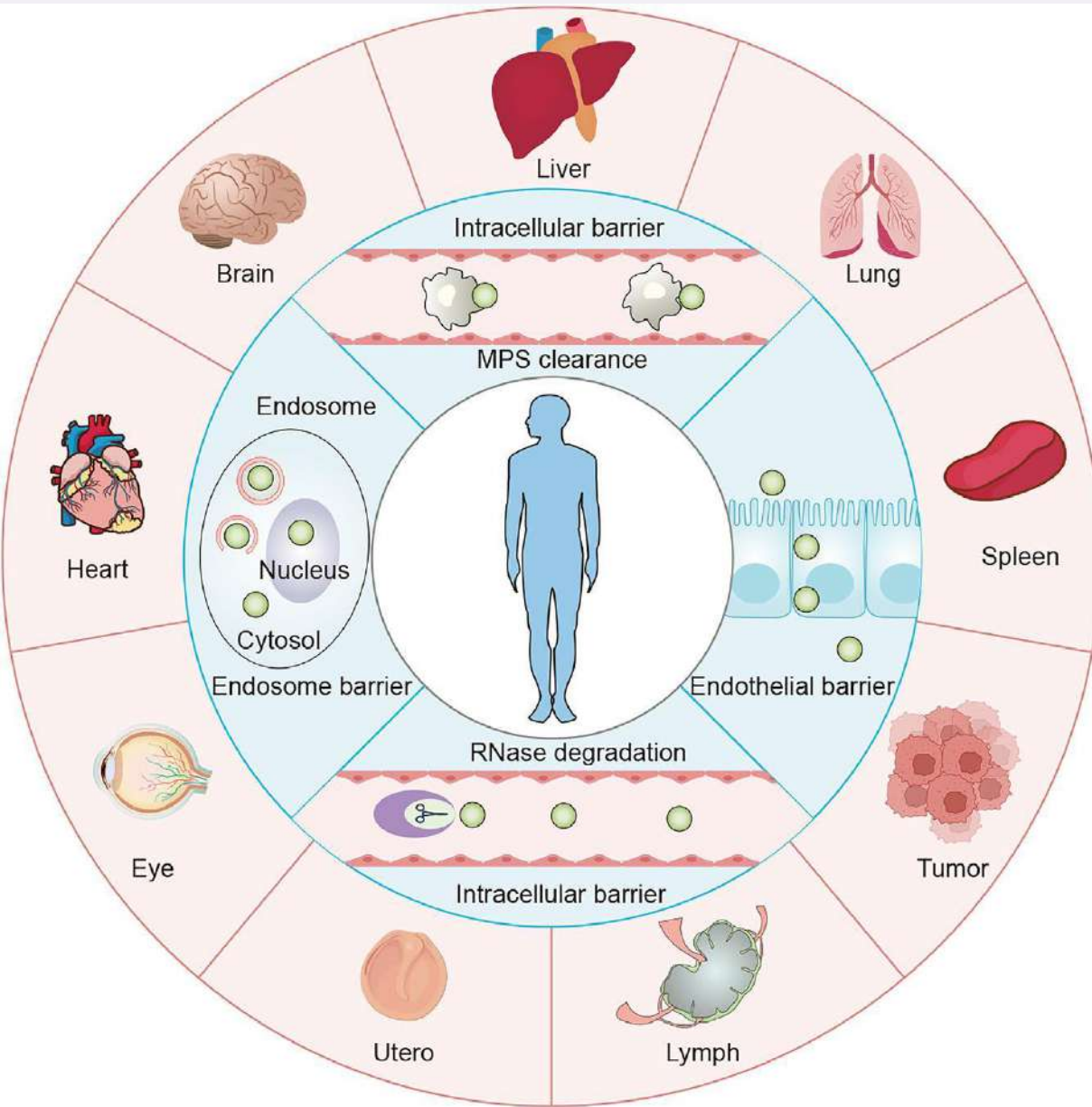
精油萃取自各种植物材料，包括花、叶和根。使用传统的蒸馏器，蒸汽渗透植物，捕捉其强效的挥发性化合物。这种方法保留了自然的精华，每一滴都蕴含强大的疗愈功效。体验精油的焕活力量，提升身心健康。





NovBia Essential Oil · By ADONIS

尊贵女神精油



- **Purple NovBia** – Dispels mental fog, supports sleep, relieves headaches
 - **Pink NovBia** – Anti-aging, smooths lines, radiates timeless elegance
 - **Green NovBia** – Strengthens immunity, encourages natural healing
 - **Orange NovBia** – Supports digestion, boosts energy & vitality
 - **Red NovBia** – Balances hormones, supports reproductive health, nourishes skin
-
- 紫色贵族 – 驱散精神迷雾，促进睡眠，缓解头痛
 - 粉色贵族 – 抗衰老，抚平皱纹，散发永恒优雅
 - 绿色贵族 – 增强免疫力，促进自然愈合
 - 橙色贵族 – 促进消化，提升能量和活力
 - 红色贵族 – 平衡荷尔蒙，支持生殖健康，滋养肌肤

The main components and their chemical properties.

精油的主要成分及其化学特性。

The 5 Most Popular Terpenes Found in Cannabis

Myrcene



Earthy
Red grape

Limonene



Lemon
Grapefruit

Linalool



Fine herbs
Flowers

Pinene



Basill
Dill

Beta -
Caryophyllene



Rosemary
Spicy

RQS

Essential oils are primarily composed of terpenes, which make up about 80% of their content, along with alcohols, esters, and phenols. These volatile compounds not only create captivating scents but also offer significant therapeutic benefits, making essential oils vital for promoting overall well-being.

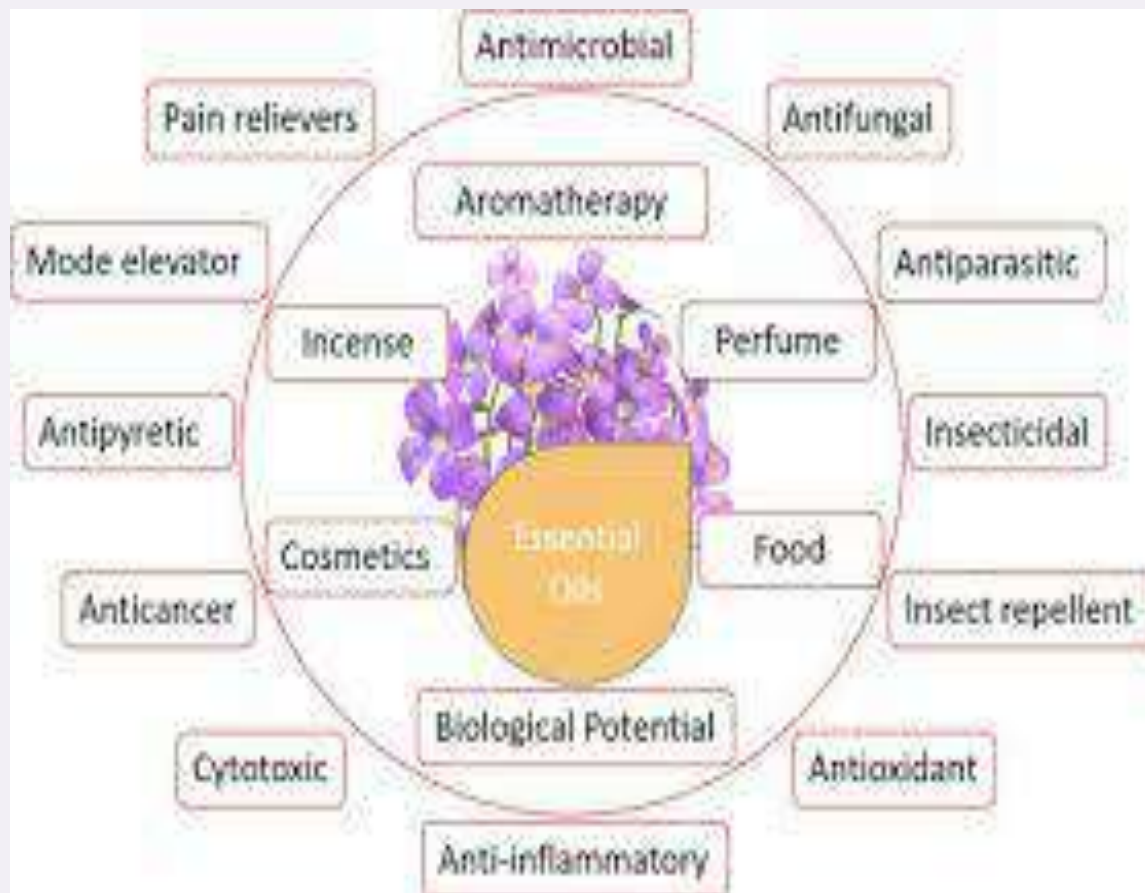
精油主要由萜烯类化合物组成，约占其含量的80%，包括醇类、酯类和酚类化合物。不仅能产生迷人的香气，还具有显著的治疗功效，因此精油对于促进整体健康至关重要。

Terpenes Benefits

萜烯的好处

LIMONENE	PINENE	MYRCENE
CITRUS, LEMON	PINE	MUSKY, EARTHY
AROMA		
STRESS RELIEF, ELEVATED MOOD	CREATIVITY, ALERTNESS, EUPHORIA	SEDATION, BODY HIGH, RELAXATION
EFFECTS		
ANTI-ANXIETY, ANTIDEPRESSANT	ASTHMA, ANTIFLAMMATION	ANTIOXIDENT, INSOMNIA
MEDICAL BENEFITS		
SUPER LEMON HAZE, LEMON SKUNK	TRAINWRECK, BUBBA KUSH	WHITE WIDOW, BLUE DREAM
STRAINS		
CITRUS PEPPERMINT	PINE, PARSLEY, BASIL, ROSEMARY	MANGO, THYME, LEMONGRASS
ALSO FOUND IN		

- **Antiseptic and Antimicrobial:** Some terpenes, such as limonene and pinene, have strong antimicrobial properties
- **Anti-inflammatory:** Monoterpenes, like myrcene, help reduce inflammation.
- **Uplifting and Energizing:** Limonene (found in citrus oils) has mood-enhancing effects.
- **防腐和抗菌：**一些萜烯，如柠檬烯和蒎烯，具有很强的抗菌特性。
- **抗炎：**单萜烯，如月桂烯，有助于减轻炎症。
- **振奋精神、激发活力：**柠檬烯（存在于柑橘油中）具有改善情绪的作用。

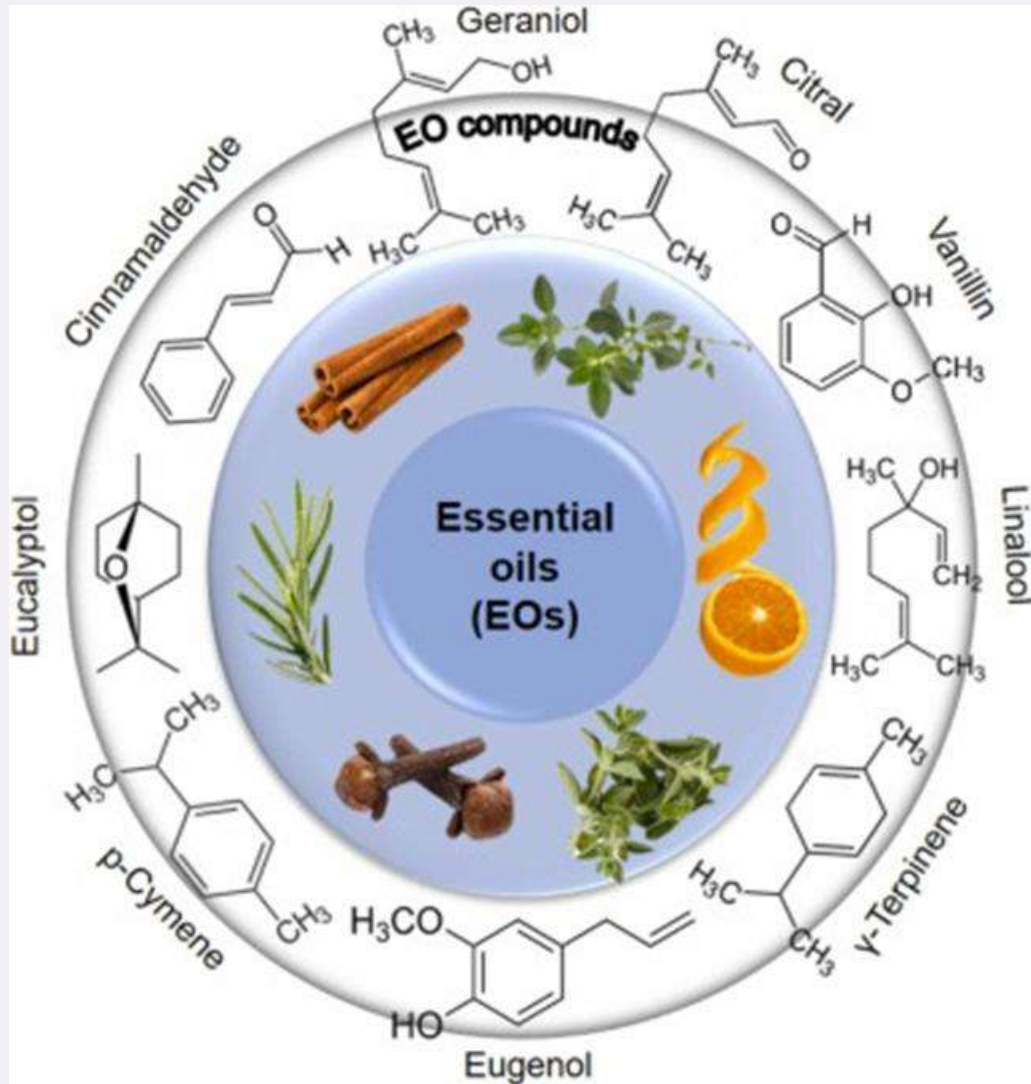


Esters are compounds formed when alcohols and acids react. They have a calming and balancing effect. They are less volatile than terpenes, making them more stable over time.

酯类是在酒精和酸发生反应时形成的，这种化合物具有镇静和平衡作用。它们的挥发性比萜烯低，因此随着时间的推移更加稳定。

Phenols compounds

酚类物质



Phenols are found in: Cinnamon, clove, thyme, oregano, savory, and cassia. They are known for their strong germ-fighting and energizing properties:

- Kills Germs
- Boosts Immunity
- Improves Circulation

酚: 存在肉桂、丁香、百里香、牛至、香薄荷和决明子中都含有酚类物质。它们以强大的抗菌和提神功效而闻名:

- 杀灭细菌
- 增强免疫力
- 促进血液循环。

香疗的使用方法 Ways of Using Essential Oil

01

局部应用 Topical

将精油直接涂抹在皮肤上，用载体油稀释。

Apply directly to the skin, diluted with carrier oil.



02

芳香疗法 Aromatherapy

通过蒸汽吸入、扩散器或直接吸入吸入精油。

Through steam inhalation, diffusers, or direct inhalation.



03

按摩 Massage

按摩油混合物中使用精油来促进放松和愈合。

Use in massage oil blends to promote relaxation and healing.



04

沐浴和水疗 Bath and Spa

添加到沐浴水中或在水疗护理中以促进放松和愈合。

Add to bath water or use in spa treatments to promote relaxation and healing.



How essential oils interact with the body

精油如何与身体互动

- Essential oils enter the body through inhalation and absorption via the skin, both affecting the body differently.
- Inhalation: scent molecules travel directly to the brain, particularly impacting the amygdala (emotional center) and influencing mood and emotions.
- Skin absorption occurs when essential oils are applied topically, allowing molecules to enter the bloodstream and circulate throughout the body.
- 精油通过吸入和皮肤吸收进入人体，两者对身体的影响方式不同。
- 吸入：让香气分子直接进入大脑，尤其影响杏仁核（情绪中枢），进而影响情绪与心情。
- 精油同样可以通过皮肤吸收，进入血液系统。皮肤吸收则是将精油外用涂抹，使分子进入血液循环，作用于全身。

BODY HEALING 疗愈式调身

调节和自愈

Regulation and Self-Healing

激活身体的能量系统 Activate Your Body's Energy Systems

特定姿势激活经络与脏腑穴位，促进气血流动，平衡荷尔蒙，增强肾功能，释放自愈潜能，为身体修复奠定坚实的基础。

Specific postures activate meridian pathways and organ points to boost qi and blood flow, balance hormones, strengthen kidneys, and unlock self-healing for physical renewal.



MIND HEALING 疗愈式调息



呼吸与情绪平衡

Breathing and Emotional Balance

呼吸以掌控您的内在之气

Breathe to Harness Your Inner Qi

有意识的呼吸稳定神经系统，调节情绪，巩固意识，平静心灵，带来清晰与韧性。

Conscious breathing stabilizes your nervous system and manages emotions and anchors awareness - bringing clarity and resilience.

SPIRIT HEALING 疗愈式调心



正念转化

Mindfulness Transformation

冥想培养持久的平静

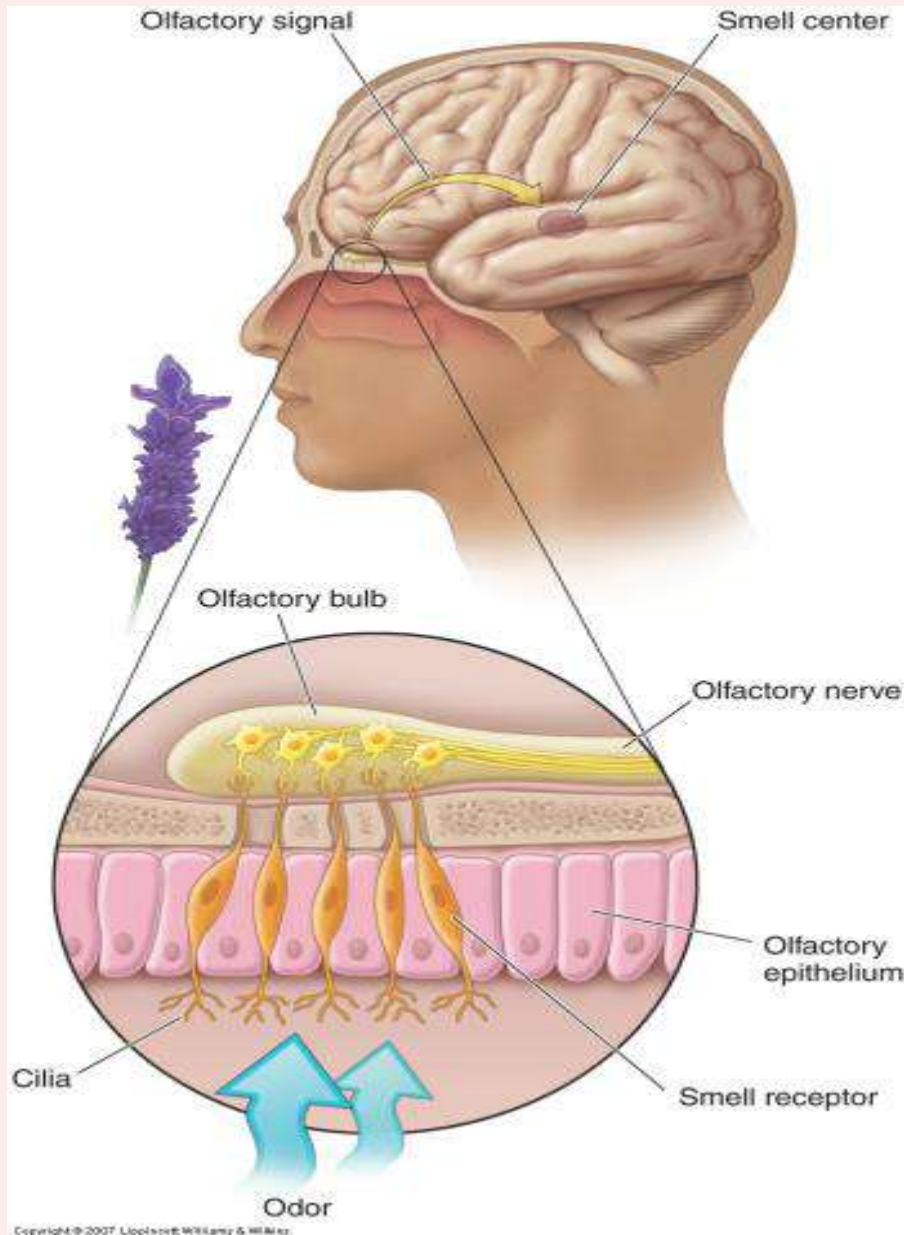
Cultivate Lasting Peace Through Meditation

正念冥想将焦虑和情绪混乱转化为内心的平静。培养清晰的思维和同情心，让你能够自信地驾驭生活。

Mindful meditation transforms anxiety and emotional turmoil into inner peace, fosters clarity and compassion, and empowers confident living.



SCENT AND THE POWER OF BRAIN CHEMISTRY 香氛与脑化学的力量

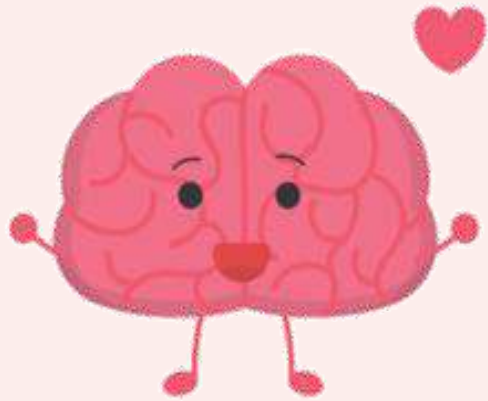


Discover the transformative power of scents in self-healing, where ancient wisdom meets modern science. Essential oils provoke emotional responses. Scents stimulate the brain, releasing dopamine and serotonin to boost mood and improve overall emotional well-being by encouraging neurotransmitter release.

在自我疗愈中的转化力量，古老智慧与现代科学在此交汇。精油能够激发情绪反应。香氛刺激大脑，释放多巴胺和血清素，促进神经递质的释放，从而提升情绪，改善整体情绪健康。

Scent and the Power of Happy Brain Chemistry

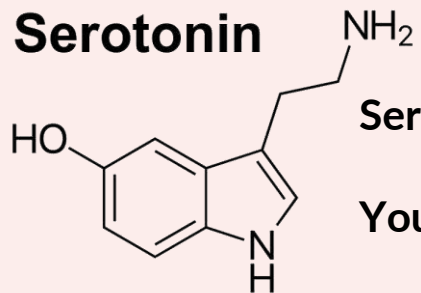
气味和乐大脑化学的力量



Essential oils can boost brain health through aromatherapy. Some sharpen memory and focus, while others ease stress and calm the mind. Inhaling them activates the limbic system, your brain's emotional and memory center.

精油可以通过芳香疗法促进大脑健康。有些精油可以增强记忆力和注意力，有些则可以缓解压力、平静心灵。吸入精油可以激活大脑的边缘系统，也就是情绪和记忆的中心

Serotonin

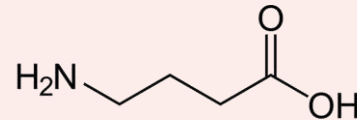


Serotonin (血清素):

Your Natural Antidepressant

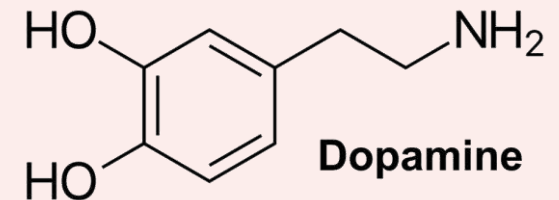
天然抗抑郁剂

GAMMA-AMINOBUTYRIC ACID (GABA)



GABA :

Inner Calm and Emotional Cushion
内心宁静与情绪缓释



Dopamine

Dopamine (多巴胺):

Reward and Motivation Activator

奖赏与动机系统的天然激活剂



痤疮、保湿、平衡肌肤pH值
Acne, moisturizing, balancing
skin pH



Daily Cleansing

热带瑕疵护肤精品

1. 深层洁面乳 - 适用于敏感部位（嘴唇和眼睛）
2. 牛奶洁面乳 - 去除肌肤残留污垢
3. 洗面奶 - 去除多余油脂（T区和U区）
4. 去角质乳 - 温和去除角质
5. 爽肤水 - 平衡肌肤pH值

主要成分：

- 芦荟提取物、甘草根提取物、去端肽胶原蛋白、透明质酸钠、维生素C和E、熊果苷
- **芦荟提取物**：以其舒缓、保湿和抗炎功效而闻名。
- **甘草根提取物**：通过减少炎症和泛红来舒缓肌肤。
- **去端肽胶原蛋白**：保湿特性有助于保持皮肤光滑、柔软，并减少细纹和皱纹。

TROPICAL BLEMISH SKINCARE

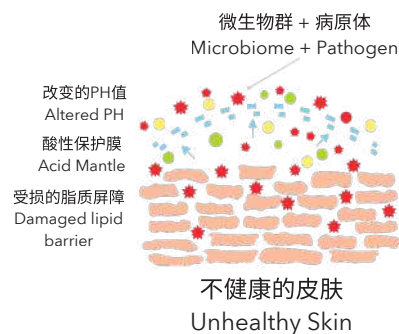
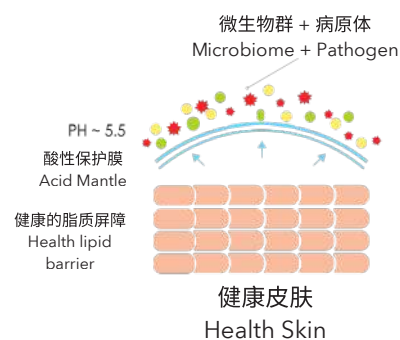
1. Deep Cleanser - for sensitive areas (lips and eyes)
2. Milk Cleanser - remove pollution residues
3. Wash - remove excess sebum (T-zone and U-zone)
4. Exfoliator - gentle removal of dead skin cells
5. Toner - balances skin's pH

Key Ingredients:

- Aloe Vera Extract, Licorice Root Extract, Atelocollagen, Sodium Hyaluronate, Vitamin C & E, Arbutin
- **Aloe Vera Extract**: known for its soothing, moisturizing, and anti-inflammatory properties.
- **Licorice Root Extract**: Calms skin by reducing inflammation and redness.
- **Atelocollagen**: Humectant properties help keep skin smooth, supple, and reduce fine lines and wrinkles.

您是否有这些问题？

- 痤疮
- 受刺激的皮肤
- 脱水
- 衰老



DO YOU HAVE THESE PROBLEMS?

- Acne
- Irritated skin
- Dehydration
- Ageing



氧化 / 过早衰老 / 色素沉着
Oxidation / Premature aging /
Hyperpigmentation



Aspure

抗氧化防御

增强我们皮肤的抗氧化防御系统可中和及减少氧化应激和自由基带来的有害影响。这有助于您获得更明亮、紧致与均匀的肤色。

主要成分：

- 虾青素、烟酰胺\维生素C、维生素E、白藜芦醇、绿茶 (EGCG)、原花青素 B2、绿原酸、辅酶Q10、阿魏酸
- 采用从红藻中提取的红色色素 — **Astaxanthin 虾青素**进行配制，其强大的抗氧化性能有效消除自由基。它的活性高于维生素E的550倍，维生素C的6000倍，以及β-胡萝卜素（类胡萝卜素）的40倍。
- **Nicotinamide 烟酰胺**能减少黑色素从黑色素细胞转移到角质细胞，阻断黑色素的生成和传递，从而淡化色斑

ANTIOXIDANT DEFENSE

Boosting our skin's antioxidant defence system can neutralise and minimise harmful effects from oxidative stress and free radicals. This helps you achieve a brighter, firmer and more even skin tone.

Key Ingredients:

- Astaxanthin, Nicotinamide (Vitamin B3), Vitamin C, Vitamin E, Resveratrol, Green Tea (EGCG), Proanthocyanidin B2, Chlorogenic Acid, Coenzyme Q10, and Ferulic Acid.
- Formulated with **Astaxanthin**, a reddish pigment derived from red algae, its strong antioxidant properties eliminate free radicals effectively. It is 550x more active than Vitamin E, 6000x more effective than Vitamin C and 40x higher than Beta-Carotene (Carotenoids).
- **Nicotinamide (Vitamin B3)** can reduce the transfer of melanin from melanocytes to keratinocytes, blocking melanin production and transport, thereby helping to lighten dark spots.

您是否有这些问题？

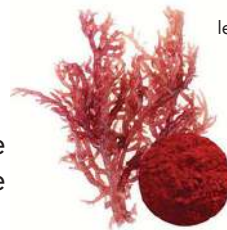
- 压力和疲惫的皮肤
- 发黄的肌肤
- 老化的肌肤
- 缺乏活力
- 干燥而起皮的肌肤



健康细胞
Healthy Cells



自由基攻击细胞会导致氧化应激，从而导致细胞损伤。
Free radicals attacking cells result in oxidative stress, leading to cellular damage.



虾青素
Astaxanthin

DO YOU HAVE THESE PROBLEMS?

- Stress and tired skin
- Yellowish skin
- Aging skin
- Lack of vitality
- Dry and flaky skin



脱水 / 干燥

Dehydration / Dryness



Hudor

深层保湿

虽然补水对于解决脱水的肌肤至关重要，但锁住水分也同样重要！充分补水的细胞可以帮助您获得更健康、更柔软和更弹性的肌肤。

主要成分：

- **Hyaluronic acid 透明质酸**（多效合一）、PCA钠、钠、甘油、β-葡聚糖、尿素、银耳提取物
- **Hyaluronic acid 透明质酸** “多效合一”的特性是为皮肤提供多层次的水分，并能提升皮肤的弹性和平滑度。它以捕获大量水分来滋养皮肤，维持其水润，胶原蛋白和弹性蛋白协同作用，支撑皮肤的结构
- **PCA 钠**来源于氨基酸脯氨酸，在皮肤的天然保湿因子（NMF）中发挥着关键作用，通过将水分与细胞结合来保持水分。它的渗透和深层保湿能力使其有别于其他润霜。

DEEP MOISTURIZING

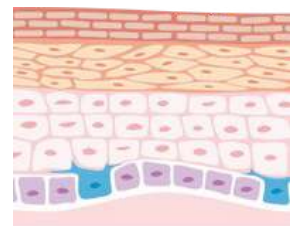
While hydration is critical to addressing dehydrated skin, so is retaining moisture! Cells that are well-hydrated help you achieve healthier, supple and bouncy skin.

Key Ingredients:

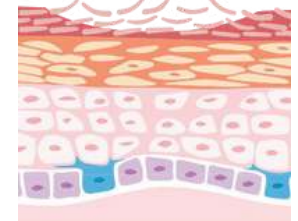
- **Hyaluronic Acid** (multi-effect), Sodium PCA, Sodium, Glycerin, Beta-Glucan, Urea, Tremella (Snow Fungus) Extract
- **Hyaluronic Acid:** Its “multi-effect” property provides multi-layer hydration to the skin and improves elasticity and smoothness. By retaining large amounts of water, it nourishes the skin and maintains moisture, while working synergistically with collagen and elastin to support the skin’s structure.
- **Sodium PCA:** Derived from the amino acid proline, it plays a key role in the skin’s natural moisturizing factor (NMF) by binding water to cells to retain moisture. Its penetration and deep hydration abilities distinguish it from other moisturizers.

您是否有这些问题？

- 过早老化的皮肤
- 脱水的
- 粗糙或痒的皮肤
- 暗沉
- 爆发（痘痘）



正常皮肤
Normal Skin



干燥皮肤
Dry skin

DO YOU HAVE THESE PROBLEMS?

- Premature skin
- Dehydrated Coarse
- or itchy skin
- Dull
- Break-out



油性肌肤 / 油脂分泌过多
Oily skin / Excess sebum

Acnebiotic

控油

温和清洁和保持皮肤水分充足可以防止皮脂腺作为补偿性反应而增加油脂分泌，帮助您获得更洁净、无油和柔软的皮肤。

主要成分：

- PCA 锌、烟酰胺、绿茶提取物、柳树皮提取物、高岭土/膨润土、左旋肉碱
- **PCA 锌**主要作用是调节皮脂分泌、抗菌消炎，常用于油性、痤疮和易发痘的肌肤，以减少油脂和瑕疵。它通过抑制5 α -还原酶来减少皮脂生成，同时具有抗菌特性，可抑制痤疮丙酸杆菌等细菌生长
- **烟酰胺（维生素B3）**的功效此外，烟酰胺还有控油、细致毛孔、改善痘痘等作用。

OIL CONTROL

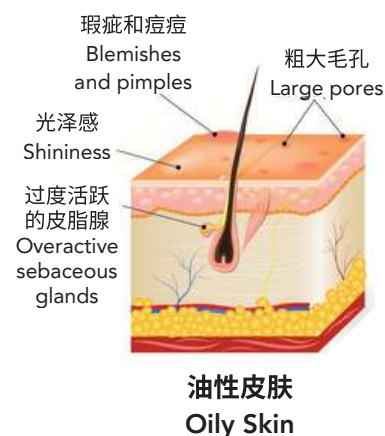
Gentle cleansing and keeping your skin well-hydrated prevent increased sebum production as a compensatory response, helping you achieve clearer, oil-free and supple skin.

Key Ingredients:

- Zinc PCA, Nicotinamide (Vitamin B3), Green Tea Extract, Willow Bark Extract, Kaolin / Bentonite, L-Carnitine
- **Zinc PCA:** Helps regulate sebum production while providing antibacterial and anti-inflammatory benefits. Commonly used for oily and acne-prone skin, it reduces excess oil and blemishes. By inhibiting 5 α -reductase, it lowers sebum levels and suppresses acne-causing bacteria such as *Propionibacterium acnes*.
- **Nicotinamide (Vitamin B3):** In addition to its other benefits, nicotinamide helps control oil, refine pores, and improve acne.

您是否有这些问题？

- 油性肌肤
- 丘疹粉刺
- 痤疮/痤疮疤痕
- 黑头和白头



DO YOU HAVE THESE PROBLEMS?

- Oily skin
- Comedone
- Acne / Acne scar
- Black & white heads



细纹 / 弹性下降

Fine lines / Loss of elasticity



Liftera V

抗衰老护理

促进受损细胞的自然愈合和再生过程有助于修复和强化皮肤的结构成分。这将使皮肤看起来更明亮、丰盈、有弹性。

主要成分：

- Retinol 视黄醇/视黄醛、透明质酸、肽（Matrixyl、Argireline、铜）、补骨脂酚、α-硫辛酸、角鲨烷
- Retinol 视黄醇，维生素A视黄醛在刺激胶原蛋白生成等方面的效果比视黄醇更快，且刺激性通常比视黄酸低，适用于抗衰老、嫩肤、祛痘等多种护肤功效。
- Peptides 肽是身体在每个细胞中产生的氨基酸链，有助于形成胶原蛋白和弹性蛋白等基本蛋白质的组成部分，这些蛋白质助力形成头发、皮肤和指甲的结构、强度、紧致度。

ANTI-AGING

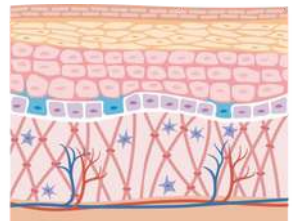
Promoting the natural healing and regenerative processes of damaged cells helps to repair and strengthen the skin's structural components. This results in a brightened, plump and supple appearance.

Key Ingredients:

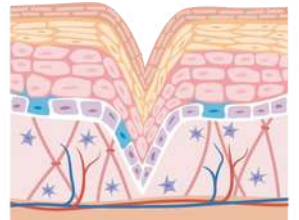
- Retinol / Retinal, Hyaluronic Acid, Peptides (Matrixyl, Argireline, Copper Peptides), Psoralen, Alpha-Lipoic Acid, Squalane.
- Retinol and Retinal (Vitamin A derivatives): Retinal stimulates collagen production faster than retinol and is generally less irritating than tretinoin (retinoic acid). It is suitable for multiple skincare benefits, including anti-aging, skin rejuvenation, and acne treatment.
- Peptides: Peptides are chains of amino acids produced by the body in every cell. They help form essential proteins such as collagen and elastin, which contribute to the structure, strength, and firmness of hair, skin, and nails.

您是否有这些问题？

- 细纹和皱纹
- 衰老
- 松弛的眼部
- 对某些成分敏感
- 下垂的轮廓



年轻肌肤
Young Skin



老化肌肤
Ageing Skin

DO YOU HAVE THESE PROBLEMS?

- Fine lines and wrinkles
- Aging
- Saggy eye
- Sensitive to some properties
- Droopy contour



敏感和脱皮

Sensitivity and peeling

Vita

敏感修复

选择天然温和的产品对于温和清洁、舒缓和修复薄弱的肌肤屏障至关重要。强健的肌肤屏障可带来光滑的质地、缩小的毛孔和有弹性的肌肤。

主要成分：

- 积雪草、尿囊素、芦荟、洋甘菊（红没药醇、甘菊）、胶体燕麦、泛醇（B5）、金盏花提取物。
- **Cica 积雪草**: 具有清热利湿、解毒消肿的功效。积雪草富含三萜类化合物，具有修复皮肤损伤、促进胶原蛋白生成、抗炎和抗氧化的作用，因此在护肤品中也常被用作舒缓敏感肌、改善痘痘和抗衰老成分。
- **Allantoin 尿囊素**的主要功效包括保湿滋润、舒缓消炎、促进修护和软化角质，能帮助增加肌肤水分、减少流失，减缓肌肤不适，促进细胞再生和伤口愈合，并改善肌肤粗糙、干燥问题，特别适用于敏感肌和婴儿肌。

SENSITIVE SKIN REPAIR

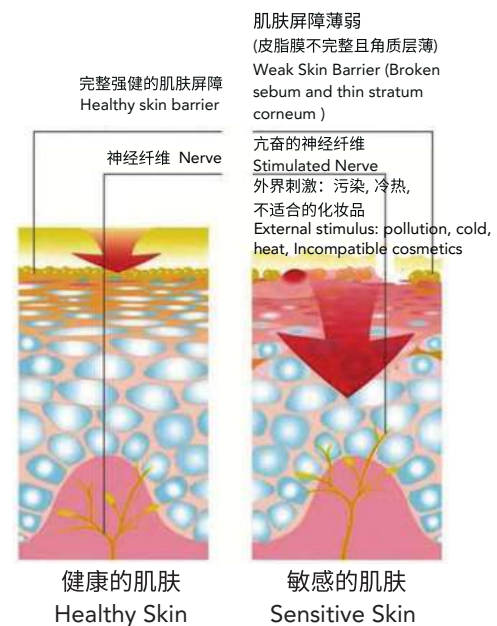
Choosing natural and mild products is essential to gently cleanse, soothe and repair a thinned skin barrier. A strong skin barrier results in a smooth texture, minimised pore appearance and bouncy skin.

Key Ingredients:

- Centella Asiatica, Allantoin, Aloe Vera, Chamomile (Bisabolol, Chamomile), Colloidal Oatmeal, Panthenol (Vitamin B5), Calendula Extract.
- **Centella Asiatica (Cica)**: Known for its heat-clearing, detoxifying, and anti-swelling properties. Rich in triterpenoids, it helps repair skin, boost collagen, and provides anti-inflammatory and antioxidant benefits. Commonly used in skincare to soothe sensitivity, reduce acne, and support anti-aging.
- **Allantoin**: Known for its moisturizing, soothing, and skin-repairing properties. It increases hydration, reduces water loss, relieves irritation, promotes cell regeneration and healing, and softens rough or dry skin. Especially suitable for sensitive and baby skin.

您是否有这些问题？

- 薄弱无保护的肌肤
- 持续脱皮
- 对某些成分敏感
- 过敏



DO YOU HAVE THESE PROBLEMS?

- Thin-unprotected skin
- Constant peeling
- Sensitive to some properties
- Allergic



肤色不均 / 暗斑 / 暗沉

Uneven skin tone / Dark spots / Dullness

Luminé

亮泽肤色

促进细胞更新速度，加快肌肤天然角质生成，保护肌肤免受外界刺激。去除老化色素细胞，让新生细胞得以生长，从而使肤色更加均匀。

主要成分：

- 烟酰胺、维生素C、熊果苷、甘草根、曲酸、氨甲环酸、壬二酸
- **Nicotinamide 烟酰胺** 也包括美白淡斑、抗衰老、增强皮肤屏障、保湿和抗炎。它能减少黑色素沉着、促进胶原蛋白合成，并抑制经皮水分流失、减少黑色素从黑色素细胞转移到角质细胞，阻断黑色素的生成和传递，从而淡化色斑。
- **Arbutin 熊果苷** 最主要的作用是抑制酪氨酸酶（tyrosinase）的活性，这种酶是黑色素产生过程中的关键酶，通过抑制它，熊果苷可以减少黑色素的形成，从而淡化色斑、雀斑和提亮肤色。

BRIGHTENING

Enhancing the cell turnover rate speeds up the skin's natural keratin production, protecting the skin from external stressors. Shedding old, pigmented cells allows new cells to surface, resulting in a more even skin tone.

Key Ingredients:

- Nicotinamide (Vitamin B3), Vitamin C, Arbutin, Licorice Root, Kojic Acid, Tranexamic Acid, Azelaic Acid
- **Nicotinamide (Vitamin B3):** Offers brightening, spot-reducing, and anti-aging benefits while strengthening the skin barrier and providing moisture with anti-inflammatory effects. It reduces melanin formation, promotes collagen synthesis, prevents water loss, and inhibits melanin transfer, helping to lighten dark spots and even skin tone.
- **Arbutin:** Its primary function is to inhibit the activity of tyrosinase, a key enzyme in melanin production. By inhibiting this enzyme, arbutin reduces melanin formation, helping to lighten dark spots and freckles and brighten the skin tone

您是否有这些问题？

- 色素沉着
- 肤色不均匀
- 黑斑和斑块
- 爆发/痘疤
- 暗沉的皮肤



DO YOU HAVE THESE PROBLEMS?

- Pigmentation
- Uneven tone
- Dark spots & patches
- Break-out / Acne scar
- Dull skin



脆弱眼周 / 浮肿 / 黑眼圈

Delicate eye area / puffiness / dark circles

Eye Care

细致眼部护理

眼睛下方的肌肤非常薄而脆弱，是先显示衰老迹象的部位。保湿 和舒缓眼部区域对于保持明亮的眼部区域和缓解眼部压力至关重要。

主要成分:

- 神经酰胺、维生素K、透明质酸、洋甘菊提取物、促进胶原蛋白生成的肽
- **神经酰胺 (Ceramide)** 的功效是修复和加强皮肤屏障功能，从而保湿、锁水，减少水分流失，并抵御外界刺激。同时也是天然的保湿剂，有助于抗衰老，减少皱纹和保持皮肤弹性，对改善干燥、粗糙、敏感以及异位性皮肤炎等症状有益。
- **Vitamin 维生素K**促进血液正常凝固，有助于止血和加速伤口愈合，同时，它也能阻止钙质在血管壁上沉积。

DELICATE EYE CARE

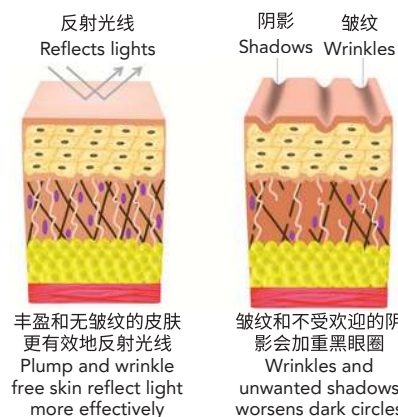
The skin under your eyes is very thin and fragile, often the first to show signs of ageing. Hydrating and soothing the eye area is key to maintain bright under eyes areas and alleviate eye pressure.

Key Ingredients:

- Ceramides, Vitamin K, Hyaluronic Acid, Chamomile Extract, Collagen-Boosting Peptides
- **Ceramides:** Help repair and strengthen the skin barrier by providing hydration, locking in moisture, and protecting against external irritants. They act as natural moisturizers, support anti-aging, reduce wrinkles, and maintain elasticity—ideal for dry, rough, or sensitive skin, and beneficial for conditions like atopic dermatitis.
- **Vitamin K:** It promotes normal blood clotting, helps stop bleeding, and accelerates wound healing. Additionally, it can prevent calcium from depositing on blood vessel walls.

您是否有这些问题?

- 黑眼圈
- 色素沉着
- 浮肿
- 鱼尾纹
- 皱纹
- 眼部疲劳
- 眼部疼痛和疲倦
- 瘙痒的眼睛
- 眼睛流泪或干燥
- 充血的眼睛



DO YOU HAVE THESE PROBLEMS?

- Dark circles
- Hyperpigmentation
- Puffiness eye
- Crowfeet
- Winkles
- Eye strain
- Sore & tired eyes
- Itchy eyes
- Watery or dry eye
- Bloodshot Eyes



Invisible Hues, Awakening Your Unique Energy
隐形色调，唤醒你的专属能量



Rose
玫瑰



Lavender
薰衣草



Orchid
兰花



Geranium
天竺葵



WaterLily
睡莲



Forest
森林



Ginseng
人参



Ginger
姜

One Person, One Perfect Formula
一人一方，精准配方

Do you suffer from anxiety but can't find the cause? Do you experience daily lethargy, backaches, leg pains, hunchback, or low mood? These are **all signs of energy depletion in your body.**

A successful life stems from a strong aura. Don't let sub-health ruin your life!

NovBia creates personalized fragrances based on your energy needs, to relieve emotional fatigue, uplift yourself, and uniquely awaken your magnetic field energy.

你是否感到焦虑疲惫，却找不到原因？每天精神不振、腰酸腿痛、失眠或情绪低落？这些都是身心能量流失的信号。

成功的人生，源于强大的气场别让亚健康拖垮你！

诺贝雅根据你的能量需求，量身定制专属香调，疏通情绪疲劳，提升身心灵敏度，唤醒独特磁场能量。



Scan Now to awaken your energy within!
Let NovBia create your bespoke aroma and reveal your inner glow.
扫码行动，开启你的专属能量之旅！
让诺贝雅为你定制专属香调，点亮你的独特光芒。

NovBia

Healing Essential Oils

诺贝雅疗愈精油

Invisible Hues, Awakening Your Unique Energy

隐形色调，唤醒你的专属能量

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一人一方，精准配方



Purple NovBia: Improves attention and memory, thinking and reaction, relieves stress, and enhances expression and decision-making abilities.

Brain fog symptoms: Difficulty concentrating, mood swings, and slowed thinking.

紫诺贝雅: 提升注意力与记忆、思维与反应、缓解压力、表达与决策能力。

脑雾症状: 难以专注、情绪波动、思维迟缓。



Pink NovBia: Improves elasticity, brightens and evens skin tone, refines and hydrates, and tightens pores.

Skin aging & oxidation symptoms: Difficulty concentrating, mood swings, and slowed thinking.

粉诺贝雅: 提升弹性、提亮均匀、深层补水、收紧毛孔。

皮肤老化与氧化症状: 肌肤暗沉不均、疲惫、发红、松弛、干燥敏感。



Green NovBia: Promotes circulation, relieves stiffness and pain, and soothes the mind and body.

Chest tightness & muscle tension symptoms: Stiff neck, shoulders, and back; chest tightness, muscle soreness, emotional tension.

绿诺贝雅: 促进循环、缓解僵硬、舒缓身心。

胸闷与肌肉紧张症状: 颈肩僵硬、胸闷、肌肉酸痛、情绪紧张。



Orange NovBia: Promotes dopamine and regulates cortisol to cope with stress.

Kidney deficiency symptoms: Rapid heartbeat, shortness of breath, elevated blood sugar, restlessness, and irritability.

橙诺贝雅: 促进多巴胺、调节皮质醇、应对压力。

肾气不足症状: 心跳加快、呼吸急促、血压升高、以及坐立不安、易怒等症状。



Red NovBia: Regulate menstruation and hormones, alleviate pelvic discomfort, enhance immunity and delay ageing.

Reproductive system & hormonal imbalance symptoms: Menstrual irregularities and mood swings, accompanied by dry skin, fatigue or weight fluctuations.

红诺贝雅: 调顺月经与荷尔蒙、缓解盆腔不适、提升免疫力并延缓衰老。

生殖系统与荷尔蒙失衡症状: 月经紊乱、情绪波动、伴随皮肤干燥、疲劳或体重变化。



Grey NovBia: Nourishes Yin fluids and blood, clears heat and relieves summer heat, restores energy and physical strength.

Hot flushes and Yin deficiency symptoms: Fatigue, hot flushes, dry mouth, loss of appetite, dark urine, insomnia.

灰诺贝雅: 滋养阴血、清热解暑、恢复精力与体力。

潮热与阴虚症状: 疲劳、潮热、口干、食欲不振、尿色深、失眠。



White NovBia: Massaging the Yinjiao acupoint can dispel dampness, warm and invigorate the spleen and kidneys, reduce inflammation, and boosts vital energy.

Cold-dampness and Yang deficiency symptoms: Indigestion, fatigue, skin eczema or acne, weakness in the lower body.

白诺贝雅: 按摩阴交穴处、温通脾胃、消痰益气。

寒湿与阳虚症状: 消化不良与腹泻、皮肤湿疹或痤疮、下半身虚弱。



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